

# Post-Operative Instructions for sedated patients.

**Please read these post-sedation instructions  
prior to your child's dismissal...**

- 1.** Your child will be disoriented and unsteady on his/her feet upon dismissal, so you will need to carry or assist your child out of the office. Do not leave him/her unattended. A responsible adult must supervise your child this day. Please place child in age-appropriate car restraints for safe travel home.
- 2.** You may give your child the appropriate amount of liquid Tylenol or children's ibuprofen upon arriving home. Do not administer any medications other than those discussed with the doctor.
- 3.** Your child will be hungry due to prior fasting. As soon as you can, give him/her something of substance to ease the hunger. If he/she is numb, make sure it is something your child can drink or swallow that does not require chewing.
- 4.** The sedative will have a lingering effect for up to 6 hours; therefore, only allow mild supervised activity for your child today. Also, he/she should not take a nap until 2 hours after leaving our office. When napping, be sure to remove any gauze or cotton roll to avoid possible choking. Check on your child every 10 minutes for normal sleep pattern and breathing.
- 5.** Your child was monitored during treatment for normal vital signs and response to the sedative agents. ANY concerns or abnormal reactions will be reported to you prior to dismissal. If your child experiences any abnormal reaction to the sedative agents once home, please inform us immediately or take him/her to your nearest emergency room.



## **Emergency Numbers**

During office hours  
830-625-1234

After hours  
830-620-3543